



COUNSELOR  Collab

ELEMENTARY

2026 - 2027 MONTHLY CURRICULUM MAP

YEAR AT A GLANCE

AUGUST

- Meet the Counselor
- Positive Behavior
- Feelings Identification
- School Success Skills

SEPTEMBER

- Coping Skills
- Using & Showcasing Data
- Positive Thinking
- Problem-Solving Skills

OCTOBER

- Bullying Prevention
- Fall SEL
- Drug & Alcohol Prevention
- Halloween Safety

NOVEMBER

- College Awareness
- Career Exploration
- Gratitude
- Using I-Messages

DECEMBER

- Coping with Grief & Loss
- Generosity
- Friendship
- Cyber Safety & Digital Citizenship

JANUARY

- Conflict Resolution
- Personal Safety & Erin's Law
- Goal-Setting
- Diversity & Acceptance

FEBRUARY

- Kindness
- Coping with Anger
- Tattling vs. Telling
- Valentine's Day SEL

MARCH

- Coping with Anxiety & Stress
- Growth Mindset
- Test-Taking Skills
- Managing Test Anxiety

APRIL

- Mindfulness
- Coping with Divorce
- Resilience
- Courage

MAY

- Social Skills
- Middle School Transition
- Mental Health Awareness
- Sportsmanship

JUNE

- Self-Esteem
- Self-Control
- Attendance
- Summer Safety & SEL

JULY

- Empathy
- Back to School Planning
- Character Education
- Counselor Tools

MONTHLY curriculum map



	K	1 st Grade	2 nd Grade	3 rd Grade	4 th Grade	5 th Grade
AUG	<u>"The Parts" of the School Counselor Lesson</u>	<u>Meet My Counselor Superhero Lesson</u>	<u>"The Rabbit Listened"</u> <u>Meet the Counselor Companion</u>	<u>Counselors Help Me "Ride the Waves" of Life Lesson</u>	<u>Meet the Counselor BINGO Game</u>	<u>School Counseling Myths vs. Facts Lesson</u>
SEP	<u>"Feelings at Work" Construction Trucks Lesson</u>	<u>"Feel Better Fries" Lesson</u>	<u>Identifying Feelings Lesson with Real Photos</u>	<u>Identifying Feelings Lesson</u>	<u>"I'm Happy-Sad Today" Companion Lesson</u>	<u>"Coping Skills Cart" Lesson</u>
OCT	<u>"The Recess Queen" Companion Lesson</u>	<u>"Tease Monster" Companion Lesson</u>	<u>"Juice Box Bully" Companion Lesson</u>	<u>"Bully Beans" Companion Lesson</u>	<u>Bullying vs. Conflict Lesson</u>	<u>"Mean Girls" & "Mean Guys" Lessons</u>
NOV	<u>Careers Guessing Game</u>	<u>"Career Day" Lesson</u>	<u>"Career City:" Virtual Career Day</u>	<u>"Day in the Life of a Career Worker"</u>	<u>"College Town" Lesson</u>	<u>Careers Interest Inventory & Workbook</u>
DEC	<u>"Rainbow Friends" Lesson</u>	<u>"Sweet Friends" Lesson</u>	<u>"We Go Together" Friendship Lesson</u>	<u>"Friendship Pizzas" Lesson</u>	<u>"SEL in a Snap:" Building Relationships</u>	<u>"Parking Lot Friends" Lesson</u>
JAN	<u>Healthy & Safe Choices Sorting Game</u>	<u>Personal Safety Lesson & Sorting Game</u>	<u>Safe vs. Unsafe Secrets Sorting Game</u>	<u>"Danger Rangers" Child Abuse Prevention Lesson</u>	<u>Child Abuse Prevention & 3 Types of Touch Curriculum</u>	<u>Body Safety. Red Flags Lesson</u>

MONTHLY curriculum map



	K	1 st Grade	2 nd Grade	3 rd Grade	4 th Grade	5 th Grade
FEB	<u>"Have You Filled a Bucket Today?" Companion</u>	<u>"Keisha the Kindness Hero" Lesson</u>	<u>"Kindness Crowns" Lesson</u>	<u>"Kindness Quest" Lesson</u>	<u>"Will You Be the 'I' in Kind?" Companion Lesson</u>	<u>Kind Words Activity.</u>
MAR	<u>Body Mapping Activity: Anxiety.</u>	<u>"Wilma Jean the Worry Machine" Companion Lesson</u>	<u>Test-Taking Tips Lesson</u>	<u>"The Anti-Test Anxiety Society" Companion Lesson</u>	<u>Test-Taking Tips & Test Anxiety Lesson</u>	<u>Testing Stressors Lesson</u>
APR	<u>"Breathing Buddies" Lesson</u>	<u>Mindfulness Lesson for Little Learners</u>	<u>Mindfulness Lesson</u>	<u>"SEL in a Snap:" Mindfulness</u>	<u>Mindfulness Character Education Curriculum</u>	<u>"Mindful Me" Lesson</u>
MAY	<u>"Personal Space Camp" Companion</u>	<u>Mental Health Lesson</u>	<u>Self-Care Lesson</u>	<u>"The Good Egg" Companion Lesson</u>	<u>"Passport to Social-Emotional Learning"</u>	<u>Middle School Transition Worries</u>
JUN	<u>"Capability Crayons" Lesson</u>	<u>"Our Stripes are Unique" Lesson</u>	<u>"Unique Unicorns" Lesson</u>	<u>"Cooking Up Compliments" Lesson</u>	<u>"Self-Esteem Sunglasses" Activity</u>	<u>Middle School Transition Lesson</u>