



COUNSELOR  Collab

MIDDLE SCHOOL

2026 - 2027 MONTHLY CURRICULUM MAP

YEAR AT A GLANCE

AUGUST

- Meet the Counselor
- Academic Success Skills

SEPTEMBER

- Feelings Identification
- Coping Skills

OCTOBER

- Bullying Prevention
- Drug & Alcohol Prevention

NOVEMBER

- College Awareness
- Career Exploration

DECEMBER

- Problem-Solving Skills
- Conflict Resolution Skills

JANUARY

- Goal-Setting
- Friendship Issues & Social Skills

FEBRUARY

- Kindness
- Diversity & Acceptance

MARCH

- Test-Taking Skills
- Managing Test Anxiety

APRIL

- Personal Safety & Erin's Law
- Growth Mindset

MAY

- High School Transition
- Mental Health Awareness

JUNE

- Self-Esteem
- Self-Control

JULY

- Back to School Planning

MONTHLY

curriculum map



	5 th Grade	6 th Grade	7 th Grade	8 th Grade
AUG	<u>School Counselors Help Me "Ride the Waves of Life" Lesson</u>	<u>School Counseling Myths vs. Facts Lesson</u>	<u>Passport to Executive Functioning Activity</u>	<u>Middle School Files: Academics</u>
SEP	<u>Identifying Feelings Lesson</u>	<u>SEL in a Snap: Identifying Emotions</u>	<u>Emotional Regulation Lesson</u>	<u>Emotional Regulation Activities</u>
OCT	<u>"Friendship Pizzas" Lesson</u>	<u>Drug Awareness Comics & Fact Sheets</u>	<u>Healthy Friendships for Girls & Boys</u>	<u>"Mean Girls" & "Mean Guys" Lessons</u>
NOV	<u>Careers Interest Inventory & Workbook</u>	<u>Career Town Lesson</u>	<u>College Town Lesson</u>	<u>Career Interest Handbook</u>
DEC	<u>Cyber Safety Lesson</u>	<u>"Power Up for Peace:" Conflict Resolution Lesson</u>	<u>Conflict Resolution Lesson</u>	<u>Peer Pressure Lesson</u>
JAN	<u>Goal-Setting Lesson</u>	<u>Sports-Themed Goal-Setting Activities</u>	<u>Motivation Mountain Lesson</u>	<u>High School Transition Lesson: Goal-Setting</u>

MONTHLY

curriculum map



	5 th Grade	6 th Grade	7 th Grade	8 th Grade
FEB	<u>Character Education Curriculum: Acceptance</u>	<u>Meet Diverse Kids Lesson</u>	<u>SEL in a Snap: Character Education</u>	<u>Character Education Curriculum: Kindness</u>
MAR	<u>"The Anti-Test Anxiety Society" Companion Lesson</u>	<u>Test-Taking Tips Lesson</u>	<u>Testing Stressors Lesson</u>	<u>Centers: Test-Taking Tips Card Game & Folded Craft Activities</u>
APR	<u>Mindfulness Lesson</u>	<u>Coping with Anger Escape Room</u>	<u>Peer Pressure Lesson</u>	<u>"Mindful Me" Lesson</u>
MAY	<u>Growth Mindset Lesson</u>	<u>Keys to Success Lesson</u>	<u>Character Education Curriculum: Resilience</u>	<u>High School Transition Lesson: Growth Mindset</u>
JUN	<u>Self-Esteem Sunglasses Activity</u>	<u>Lemons to Lemonade Resilience Lesson</u>	<u>Mission Control: Communication Skills Lesson</u>	<u>High School Transition Lesson: Anxiety</u>