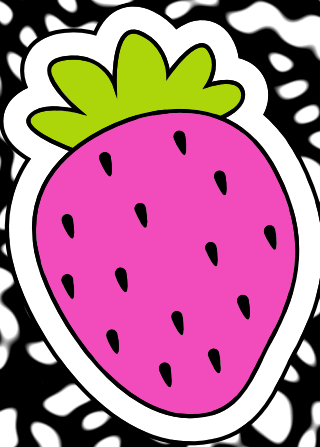




PLANNER

2026 - 2027



YEAR AT A GLANCE

AUGUST

- Meet the Counselor
- Positive Behavior
- Feelings Identification
- School Success Skills

SEPTEMBER

- Coping Skills
- Using & Showcasing Data
- Positive Thinking
- Problem-Solving Skills

OCTOBER

- Bullying Prevention
- Fall SEL
- Drug & Alcohol Prevention
- Halloween Safety

NOVEMBER

- College Awareness
- Career Exploration
- Gratitude
- Using I-Messages

DECEMBER

- Coping with Grief & Loss
- Generosity
- Friendship
- Cyber Safety & Digital Citizenship

JANUARY

- Conflict Resolution
- Personal Safety & Erin's Law
- Goal-Setting
- Diversity & Acceptance

FEBRUARY

- Kindness
- Coping with Anger
- Tattling vs. Telling
- Valentine's Day SEL

MARCH

- Coping with Anxiety & Stress
- Growth Mindset
- Test-Taking Skills
- Managing Test Anxiety

APRIL

- Mindfulness
- Coping with Divorce
- Resilience
- Courage

MAY

- Social Skills
- Middle School Transition
- Mental Health Awareness
- Sportsmanship

JUNE

- Self-Esteem
- Self-Control
- Attendance
- Summer Safety & SEL

JULY

- Empathy
- Back to School Planning
- Character Education
- Counselor Tools

YEAR AT A GLANCE

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

JULY

IMPORTANT DATES

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

JANUARY

FEBRUARY

MARCH

APRIL

MAY

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LESSON PLANNING

LESSON TOPIC & DESCRIPTION

OBJECTIVES



GUIDING QUESTIONS



MATERIALS NEEDED

ASCA MINDSETS & BEHAVIORS

LESSON OUTLINE

LESSON PLANNING

LESSON TOPIC & DESCRIPTION

LEARNING TARGETS



SUCCESS CRITERIA



MATERIALS NEEDED

ASCA MINDSETS & BEHAVIORS

LESSON OUTLINE

LESSON PLANNING

LESSON TOPIC & DESCRIPTION

OBJECTIVES



GUIDING QUESTIONS



MATERIALS NEEDED

ASCA MINDSETS & BEHAVIORS

LESSON OUTLINE

LESSON PLANNING

LESSON TOPIC & DESCRIPTION

OBJECTIVES



GUIDING QUESTIONS



MATERIALS NEEDED

ASCA MINDSETS & BEHAVIORS

LESSON OUTLINE

LESSON PLANNING

LESSON TOPIC & DESCRIPTION

OBJECTIVES



GUIDING QUESTIONS



MATERIALS NEEDED

ASCA MINDSETS & BEHAVIORS

LESSON OUTLINE

LESSON PLANNING

LESSON TOPIC & DESCRIPTION

OBJECTIVES



GUIDING QUESTIONS



MATERIALS NEEDED

ASCA MINDSETS & BEHAVIORS

LESSON OUTLINE

LESSON PLANNING

LESSON TOPIC & DESCRIPTION

OBJECTIVES



GUIDING QUESTIONS



MATERIALS NEEDED

ASCA MINDSETS & BEHAVIORS

LESSON OUTLINE

GROUP PLANNING

GROUP TOPIC & DESCRIPTION

GROUP GOALS



ASCA MINDSETS & BEHAVIORS



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MEMBER NAME	TEACHER

NOTES

GROUP PLANNING

GROUP TOPIC & DESCRIPTION

GROUP GOALS



ASCA MINDSETS & BEHAVIORS



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GROUP TOPIC & DESCRIPTION

GROUP GOALS



ASCA MINDSETS & BEHAVIORS



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GROUP TOPIC & DESCRIPTION

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ASCA MINDSETS & BEHAVIORS



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ASCA MINDSETS & BEHAVIORS



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GROUP TOPIC & DESCRIPTION

GROUP GOALS



ASCA MINDSETS & BEHAVIORS



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MEMBER NAME	TEACHER

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AUGUST 2026

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MONTHLY TO DO'S:

MONTHLY GOALS:

AUGUST counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "The Parts" of the School Counselor Lesson	Lesson 1: Meet My Counselor Superhero Lesson	Lesson 1: "The Rabbit Listened" Meet the Counselor Companion	Lesson 1: Counselors Help Me "Ride the Waves" of Life Lesson	Lesson 1: Meet the Counselor BINGO Game	Lesson 1: School Counseling Myths vs. Facts Lesson
Lesson 2: "Feelings at Work" Construction Trucks Lesson	Lesson 2: "Spot the Feelings" Lesson	Lesson 2: Identifying Feelings Lesson with Real Photos	Lesson 2: Identifying Feelings Lesson	Lesson 2: "I'm Happy-Sad Today" Companion Lesson	Lesson 2: My Emotions Book

AUGUST counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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SEPTEMBER 2026

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MONTHLY TO DO'S:

MONTHLY GOALS:

SEPTEMBER counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Coping Skills Lesson with Real Photos	Lesson 1: "Feel Better Fries" Lesson	Lesson 1: "Tame Your Anger Flames" Lesson	Lesson 1: "Tools for Coping" Lesson	Lesson 1: Coping Skills Lesson	Lesson 1: "Coping Skills Cart" Lesson
Lesson 2: Small Problems & Big Problems Lesson	Lesson 2: "Problem-Solving Pirates" Lesson	Lesson 2: SPACE-themed Problem-Solving Lesson	Lesson 2: Size of the Problem & I-Messages Lesson	Lesson 2: "What Do You Do With a Problem?" Companion Lesson	Lesson 2: Problem-Solving Skills Character Education Curriculum

SEPTEMBER counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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OCTOBER 2026

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MONTHLY TO DO'S:

MONTHLY GOALS:

OCTOBER

counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "The Recess Queen" Companion Lesson	Lesson 1: "Tease Monster" Companion Lesson	Lesson 1: "Juice Box Bully" Companion Lesson	Lesson 1: "Bully Beans" Companion Lesson	Lesson 1: Bullying vs. Conflict Lesson	Lesson 1: "Mean Girls" & "Mean Guys" Lessons
Lesson 4: "Build a Trick-or-Treat Friend" Lesson	Lesson 2: "Paws Off Drugs" Lesson	Lesson 4: Halloween Safety: Trick-or-Treat Choices	Lesson 4: "I Am Vape" Companion Lesson	Lesson 2: "Walk in My Fall Shoes" Empathy Lesson	Lesson 2: Drug Awareness Comics & Fact Sheets

OCTOBER

counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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MONTHLY TO DO'S:

MONTHLY GOALS:

NOVEMBER counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Careers Guessing Game	Lesson 1: "Career Day" Lesson	Lesson 1: "Career City:" Virtual Career Day	Lesson 1: "Day in the Life of a Community Helper" Lesson	Lesson 1: "College Town" Lesson	Lesson 1: Careers Interest Inventory & Workbook
Lesson 2 Thanksgiving- Themed Feelings & Coping Skills Lesson	Lesson 2: "Build a Turkey Friend" Lesson	Lesson 2: Thanksgiving Feelings Game	Lesson 2: Thanksgiving Gratitude Lesson & Gobble Grams	Lesson 2: Gratitude Letters Activity	Lesson 2: Gratitude Character Education Curriculum

NOVEMBER counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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DECEMBER 2026

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MONTHLY TO DO'S:

MONTHLY GOALS:

DECEMBER counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "Yeti Yoga" Lesson	Lesson 1: "Generous Gianna" Character Traits Lesson	Lesson 1: "Build a Snowman Friend" Lesson	Lesson 1: Generosity & Giving Lesson	Lesson 1: "Extra Yarn" Companion Lesson	Lesson 1: Winter- Themed Kindness Notes
Lesson 2: "Rainbow Friends" Lesson	Lesson 1: "Sweet Friends" Lesson	Lesson 1: "We Go Together" Friendship Lesson	Lesson 1: "Friendship Pizzas" Lesson	Lesson 1: "SEL in a Snap:" Building Relationships Lesson	Lesson 1: "Parking Lot Friends" Lesson

DECEMBER counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

HOURLY SCHEDULE

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JANUARY 2027

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MONTHLY TO DO'S:

MONTHLY GOALS:

JANUARY counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "Change Wishes into Goals" Lesson	Lesson 1: "Joshua's Goal" Story Lesson	Lesson 1: New Years 2027 Lesson	Lesson 1: Sports-Themed Goal-Setting Lesson	Lesson 1: Motivation Mountain Lesson	Lesson 1: "Power Up for Peace" Conflict Resolution Lesson
Lesson 2: Healthy & Safe Choices Sorting Game	Lesson 2: Personal Safety Lesson & Sorting Game	Lesson 2: Safe vs. Unsafe Secrets Sorting Game	Lesson 2: "Danger Rangers" Child Abuse Prevention Lesson	Lesson 2: Child Abuse Prevention & 3 Types of Touch Curriculum	Lesson 2: Body Safety Red Flags Lesson

JANUARY counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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FEBRUARY 2027

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MONTHLY TO DO'S:

MONTHLY GOALS:

FEBRUARY

counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "Have You Filled a Bucket Today?" Companion	Lesson 1: "Keisha the Kindness Hero" Lesson	Lesson 1: "Kindness Crowns" Lesson	Lesson 1: "Kindness Quest" Lesson	Lesson 1: "Will You Be the 'I' in Kind?" Companion Lesson	Lesson 1: Kind Words Activity
Lesson 2: Tattling or Reporting Lesson	Lesson 2: "A Bad Case of Tattle Tongue" Companion Lesson	Lesson 2: "Tommy the Trustworthy Hero" Lesson	Lesson 2: Tattling or Telling Lesson & Sorting Game	Lesson 2: "Ricky Sticky Fingers" Companion Lesson	Lesson 2: "Lying Up a Storm" Companion Lesson

FEBRUARY

counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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MARCH 2027

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MONTHLY TO DO'S:

MONTHLY GOALS:

MARCH counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "Pout Pout Fish" Growth Mindset Companion Lesson	Lesson 1: Mindfulness Lesson for Little Learners	Lesson 1: "What Do You Do With a Problem?" Companion Lesson	Lesson 1: Growth Mindset Lesson	Lesson 1: "SEL in a Snap:" Growth Mindset	Lesson 1: Growth Mindset Folded Craft Activity
Lesson 2: Body Mapping Activity: Anxiety	Lesson 2: "Wilma Jean the Worry Machine" Companion Lesson	Lesson 2: Test-Taking Tips Lesson	Lesson 2: "The Anti-Test Anxiety Society" Companion Lesson	Lesson 2: Test-Taking Tips & Test Anxiety Lesson	Lesson 2: Testing Stressors Lesson

MARCH counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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APRIL 2027

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MONTHLY TO DO'S:

MONTHLY GOALS:

APRIL counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "Breathing Buddies" Lesson	Lesson 1: Mindfulness Lesson for Little Learners	Lesson 1: Mindfulness Lesson	Lesson 1: "SEL in a Snap:" Mindfulness	Lesson 1: Mindfulness Character Education Curriculum	Lesson 1: "Mindful Me" Lesson
Lesson 2: Seasonal Mindfulness Exercises (Spring)	Lesson 2: "Courageous Charlie" Character Traits Lesson	Lesson 2: "Lemons into Lemonade" Resilience Lesson	Lesson 2: Resilience Character Education Curriculum	Lesson 2: Courage Character Education Curriculum	Lesson 2: Middle School Files: Social Life

APRIL counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

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MONTHLY TO DO'S:

MONTHLY GOALS:

MAY counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Listening Skills Lesson (with hats)	Lesson 1: "The Worst Day of My Life Ever" Companion Lesson	Lesson 1: "A Flicker of Hope" Companion Lesson	Lesson 1: Listening Skills Lesson	Lesson 1: "Passport to Social-Emotional Learning" Activity	Lesson 1: Middle School Transition Worries
Lesson 2: "Personal Space Camp" Companion Lesson	Lesson 2: Mental Health Lesson	Lesson 2: Self-Care Lesson	Lesson 2: "The Good Egg" Companion Lesson	Lesson 2: Puberty/Hygiene for Girls & Boys	Lesson 2: Middle School Transition Lesson

MAY counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

HOURLY SCHEDULE

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SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JUNE 2027

MON	TUE	WED	THU	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MONTHLY TO DO'S:

MONTHLY GOALS:

JUNE counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "Clark the Shark" Companion Lesson	Lesson 1: "Ants in My Pants" Companion Lesson	Lesson 1: "The Bad Seed" Companion Lesson	Lesson 1: Self-Control Lesson	Lesson 1: "My Mouth is a Volcano" Companion Lesson	Lesson 1: "Lying Up a Storm" Companion Lesson
Lesson 2: "Capability Crayons" Lesson	Lesson 2: "Our Stripes are Unique" Lesson	Lesson 2: "Unique Unicorns" Lesson	Lesson 2: "Cooking Up Compliments" Lesson	Lesson 2: SEL Curriculum: Self-Awareness	Lesson 2: "Self-Esteem Sunglasses" Activity

JUNE counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE

HOURLY SCHEDULE

MONDAY

TUESDAY

WEDNESDAY

7 AM

7 AM

7 AM

8 AM

8 AM

8 AM

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SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SCHOOL WEEK

Week: _____

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JULY 2027

MON	TUE	WED	THU	FRI	SAT	SUN
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MONTHLY TO DO'S:

MONTHLY GOALS:
