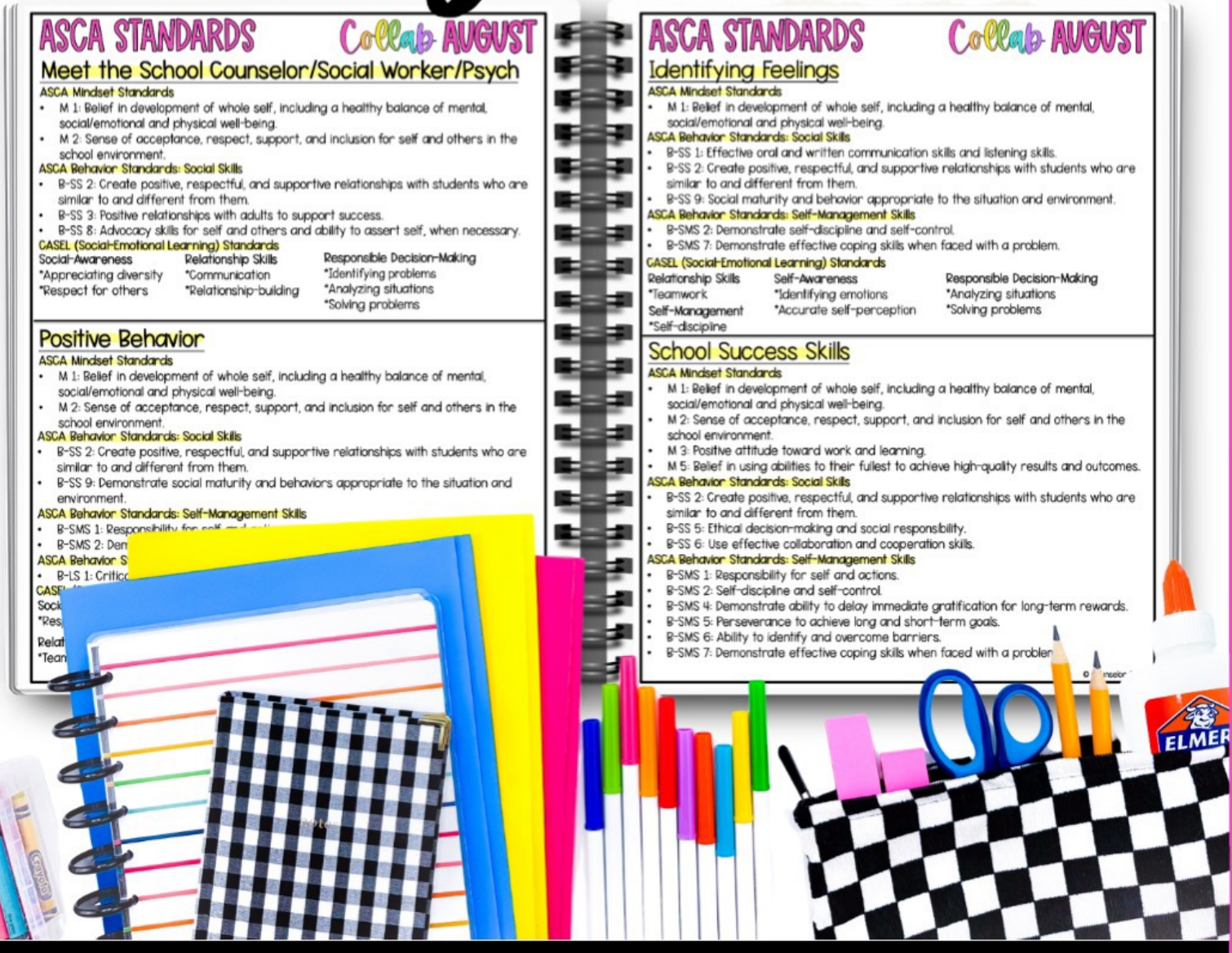


COUNSELOR *Collab*

2026 - 2027

ASCA STANDARDS Alignment



ASCA STANDARDS

Collab AUGUST

Meet the School Counselor/Social Worker/Psych

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

CASEL (Social-Emotional Learning) Standards

- | | | |
|-------------------------|------------------------|-----------------------------|
| Social-Awareness | Relationship Skills | Responsible Decision-Making |
| *Appreciating diversity | *Communication | *Identifying problems |
| *Respect for others | *Relationship-building | *Analyzing situations |
| | | *Solving problems |

Positive Behavior

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.

ASCA Behavior Standards: Social Skills

- B-SS 1: Effective oral and written communication skills and listening skills.
- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 9: Social maturity and behavior appropriate to the situation and environment.

ASCA STANDARDS

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Identifying Feelings

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Social Skills

- B-SS 1: Effective oral and written communication skills and listening skills.
- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 9: Social maturity and behavior appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Demonstrate self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

CASEL (Social-Emotional Learning) Standards

- | | | |
|---------------------|---------------------------|-----------------------------|
| Relationship Skills | Self-Awareness | Responsible Decision-Making |
| *Teamwork | *Identifying emotions | *Analyzing situations |
| Self-Management | *Accurate self-perception | *Solving problems |
| *Self-discipline | | |

School Success Skills

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 3: Positive attitude toward work and learning.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 5: Ethical decision-making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 4: Demonstrate ability to delay immediate gratification for long-term rewards.
- B-SMS 5: Perseverance to achieve long and short-term goals.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

COUNSELOR Collab









Hey There!

Would you like to spend less time browsing for resources and lesson planning, and more time serving students? Let **Laura from Music City Counselor** and **Ashley from Heart and Mind Teaching** do the work for you! Come COLLAB with us!

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MEMBER Perks

-  Searchable gallery of 1,000+ research-based resources.
-  Tier 1, Tier 2, and Tier 3 ASCA & CASEL-aligned materials.
-  Lessons, small group curricula, activities, & templates.
-  FIRST access to all new resources!
-  A growing library of PreK – 8th grade curriculum!
-  PD, book, & video libraries, organized by topic.



The ASCA Standards and SEL Competencies addressed in this file are from the Counselor Collab Membership. Show your administrators, fellow counselors, and colleagues that you are using data-driven, standards and competencies-based resources.

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ASCA STANDARDS

Collab AUGUST

Meet the School Counselor/Social Worker/Psych

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Appreciating diversity
- *Respect for others

Relationship Skills

- *Communication
- *Relationship-building

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems

Positive Behavior

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Demonstrate self-discipline and self-control.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Respect for others

Relationship Skills

- *Teamwork

Self-Management

- *Impulse Control
- *Self-Discipline
- *Stress Management

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating
- *Ethical Responsibility

Identifying Feelings

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Social Skills

- B-SS 1: Effective oral and written communication skills and listening skills.
- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 9: Social maturity and behavior appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Demonstrate self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

CASEL (Social-Emotional Learning) Standards

Relationship Skills

*Teamwork

Self-Management

*Self-discipline

Self-Awareness

*Identifying emotions

*Accurate self-perception

Responsible Decision-Making

*Analyzing situations

*Solving problems

School Success Skills

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 3: Positive attitude toward work and learning.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 5: Ethical decision-making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 4: Demonstrate ability to delay immediate gratification for long-term rewards.
- B-SMS 5: Perseverance to achieve long and short-term goals.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA STANDARDS

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ASCA Behavior Standards: Learning Strategies

- B-LS 3: Use time management, organizational and study skills.
- B-LS 4: Apply self-motivation and self-direction to learning.
- B-LS 7: Long-and short-term academic career and social/emotional goals.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Respect for others
- *Appreciating diversity

Relationship Skills

- *Teamwork
- *Communication
- *Social engagement
- *Relationship-building

Self-Awareness

- *Accurate self-perception
- *Recognizing strengths
- *Self-confidence

Self-Management

- *Impulse control
- *Self-discipline
- *Self-motivation
- *Goal Setting
- *Organizational skills
- *Stress management

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating

Coping Skills

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Social Skills

- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Demonstrate self-discipline and self-control.
- B-SMS 6: Ability to identify and overcome barriers
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

CASEL (Social-Emotional Learning) Standards

Self-Management

- *Stress management
- *Self-discipline

Self-Awareness

- *Identifying emotions

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems

Optimism & Positive Thinking

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

Self-Management Skills

- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

CASEL (Social-Emotional Learning) Standards

Self-Management

- *Stress management
- *Self-discipline

Self-Awareness

- *Identifying emotions
- *Self-confidence
- *Accurate self-perception
- *Recognizing strengths

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating

Problem-Solving Skills

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive, respectful, and supportive relationships with students who are similar to and different from them.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Demonstrate self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 2: Creative approach to learning, tasks, and problem-solving.
- B-LS 9: Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias.

CASEL (Social-Emotional Learning) Standards

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating

Small Group Curriculum

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 3: Positive attitude toward work and learning.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.

ASCA STANDARDS

Collab OCTOBER

- B-SMS 5: Perseverance to achieve long and short-term goals.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 8: Balance of school, home, and community activities.
- B-SMS 10: Ability to manage transitions and adapt to change.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 4: Demonstrate empathy.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 3: Time-management, organizational and study skills.
- B-LS 4: Apply self-motivation and self-direction to learning.
- B-LS 7: Long-and short-term academic career and social-emotional goals.

CASEL (Social-Emotional Learning) Standards

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building
- *Teamwork

Social-Awareness

- *Perspective-taking
- *Empathy
- *Appreciating diversity
- *Respect for others

Self-Management

- *Impulse control
- *Self-discipline
- *Goal setting
- *Organization skills
- *Stress management
- *Self-motivation

Self-Awareness

- *Identifying emotions
- *Accurate self-perception
- *Recognizing strengths

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating
- *Reflecting
- *Ethical responsibility

ASCA STANDARDS

Collab OCTOBER

Bullying Prevention

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 9: Personal safety skills.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 4: Demonstrate empathy.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

CASEL (Social-Emotional Learning) Standards

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building

Social-Awareness

- *Perspective-taking
- *Empathy
- *Appreciating diversity
- *Respect for others

Self-Awareness

- *Accurate self-perception
- *Self-confidence

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating
- *Reflecting

Fall & Halloween SEL

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 6: Understanding that postsecondary education and lifelong learning are necessary for long-term success.

ASCA STANDARDS

Collab OCTOBER

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 9: Personal safety skills.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 4: Demonstrate empathy.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Learning Strategies

- B-LS 7: Long-and short-term academic career and social-emotional goals.

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Accurate self-perception
- *Identifying emotions
- *Recognizing strengths

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building

Social-Awareness

- *Appreciating diversity
- *Respect for others

Drug & Alcohol Prevention

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 9: Personal safety skills.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

ASCA STANDARDS

Collab OCTOBER

- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 9: Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias.

CASEL (Social-Emotional Learning) Standards

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems

Self-Management

- *Impulse control
- *Self-discipline
- *Stress management

ASCA STANDARDS

Collab NOVEMBER

College & Career Awareness

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 3: Positive attitude toward work and learning.
- M 4: Self-confidence in ability to succeed.
- M 6: Understanding that postsecondary education and lifelong learning are necessary for long-term success.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 5: Perseverance to achieve long and short-term goals.

ASCA Behavior Standards: Social Skills

- B-SS 5: Ethical decision making and social responsibility.
- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 7: Long-and short-term academic career and social-emotional goals.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Perspective-taking
- *Respect for others

Relationship Skills

- *Communication

Self-Awareness

- *Accurate self-perception

Self-Management

- *Goal setting

Responsible Decision-Making

- *Analyzing situations
- *Solving problems
- *Evaluating
- *Reflecting
- *Ethical responsibility

Gratitude & Thanksgiving SEL

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA STANDARDS

Collab NOVEMBER

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Appreciating diversity
- *Respect for others

Self-Awareness

- *Accurate self-perception
- *Recognizing strengths

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building

Using I-Messages

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

ASCA Behavior Standards: Learning Strategies

- B-LS 2: Creative approach to learning, tasks and problem solving.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Perspective-taking
- *Empathy
- *Appreciating diversity
- *Respect for others

Self-Awareness

- *Accurate self-perception
- *Identifying emotions

Relationship Skills

- *Communication
- *Social engagement
- *Relationship-building

Supporting Military Families

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 4: Demonstrate empathy.

ASCA Behavior Standards: Learning Strategies

- B-LS 2: Creative approach to learning, tasks and problem solving.

ASCA STANDARDS

Collab NOVEMBER

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Perspective-taking
- *Empathy
- *Appreciating diversity
- *Respect for others

Relationship skills

- *Communication
- *Social engagement
- *Relationship-building

Self-Management

- *Stress management

Self-Awareness

- *Identifying emotions

ASCA STANDARDS

Collab DECEMBER

Coping with Grief & Loss

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 3: Positive attitude toward work and learning.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 10: Ability to manage transitions and adapt to change.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

ASCA Behavior Standards: Learning Strategies

- B-LS 2: Creative approach to learning, tasks and problem solving.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Appreciating diversity
- *Respect for others

Self-Awareness

- *Accurate self-perception
- *Identifying emotions
- *Recognizing strengths

Self-Management

- *Self-discipline
- *Self-motivation
- *Stress management

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating
- *Reflecting

Relationship Skills

- *Communication
- *Social engagement
- *Relationship-building
- *Teamwork

Generosity & Winter SEL

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.

ASCA STANDARDS

Collab DECEMBER

- B-SS 4: Demonstrate empathy.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Appreciating diversity
- *Respect for others
- *Empathy
- *Perspective-taking

Relationship skills

- *Communication
- *Social engagement
- *Relationship-building

Self-Awareness

- *Accurate self-perception
- *Recognizing strengths
- *Identifying emotions

Friendship

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 3: Positive attitude toward work and learning.
- M 4: Self-confidence in ability to succeed.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 4: Demonstrate empathy.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 2: Creative approach to learning, tasks, and problem-solving.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA STANDARDS

Collab DECEMBER

- B-SMS 10: Ability to manage transitions and adapt to change.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Perspective-taking
- *Empathy
- *Appreciating diversity
- *Respect for others

Self-Awareness

- *Self-confidence
- *Accurate self-perception
- *Recognizing strengths

Self-Management

- *Goal setting
- *Stress management

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating
- *Reflecting
- *Ethical responsibility

Cyber Safety & Digital Citizenship

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Social Skills

- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 5: Media and technology skills to enhance learning.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 8: Balance of school, home, and community activities.
- B-SMS 9: Personal safety skills.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Perspective-taking
- *Empathy
- *Respect for others

Relationship skills

- *Communication

Self-Management

- *Self-discipline

Responsible Decision-Making

- *Analyzing situations
- *Ethical responsibility

ASCA STANDARDS

Collab JANUARY

Conflict Resolution

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

CASEL (Social-Emotional Learning) Standards

Social-Awareness	Relationship Skills	Self-Management	Responsible Decision-Making
*Perspective-taking	*Communication	*Self-discipline	*Identifying problems
*Empathy		*Impulse control	*Analyzing situations
*Respect for others		*Self-motivation	*Solving problems
*Appreciating diversity		*Goal setting	*Evaluating
		*Organizational skills	

Personal Safety & Child Abuse Prevention

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 3: Positive relationships with adults to support success.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA STANDARDS

Collab JANUARY

- B-SMS 9: Personal safety skills.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Perspective-taking
- *Respect for others

Relationship Skills

- *Communication

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating

Coping with Natural Disasters & Traumatic Events

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 9: Personal safety skills.

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Identifying emotions
- *Accurate self-perception

Self-Management

- *Stress management

Responsible Decision-Making

- *Analyzing situations
- *Reflecting

Goal Setting

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 4: Delayed gratification for long-term rewards.
- B-SMS 5: Perseverance to achieve long and short-term goals.

ASCA Behavior Standards: Learning Strategies

- B-LS 4: Self-motivation and self-direction for learning.
- B-LS 7: Long-and short-term academic career and social-emotional goals.

ASCA STANDARDS

Collab JANUARY

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Identifying emotions
- *Accurate self-perception

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating

Self-Management

- *Self-discipline
- *Self-motivation
- *Goal setting
- *Impulse control

Diversity & Acceptance

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 4: Demonstrate empathy.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 10: Cultural awareness, sensitivity, and responsiveness.

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Identifying emotions

Relationship skills

- *Communication
- *Social engagement
- *Relationship building

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Perspective-taking
- *Empathy

ASCA STANDARDS

Collab FEBRUARY

Valentine's Day SEL

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 4: Demonstrate empathy.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Perspective-taking
- *Empathy

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building

Self-Awareness

- *Accurate self-perception
- *Identifying emotions

Kindness

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 4: Self-confidence in ability to succeed.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 4: Demonstrate empathy.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Empathy
- *Perspective-taking
- *Respect for others
- *Appreciating diversity

Relationship Skills

- *Communication
- *Relationship building

Coping with Anger

ASCA Mindset Standards

M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

M 3: Positive attitude toward work and learning.

ASCA Behavior Standards: Social Skills

B-SS 1: Use effective oral and written communication skills and listening skills.

B-SS 2: Create positive and supportive relationships with other students.

B-SS 5: Ethical decision making and social responsibility.

B-SS 6: Use effective collaboration and cooperation skills.

B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

B-SMS 2: Self-discipline and self-control.

B-SMS 7: Demonstrate effective coping skills when faced with a problem.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Perspective-taking

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating
- *Reflecting
- *Ethical Responsibility

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building
- *Teamwork

Self-Awareness

- *Accurate self-perception
- *Identifying emotions
- *Recognizing strengths

Tattling vs. Telling, Honesty, & Stealing

ASCA Mindset Standards

• M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

• M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

• B-SS 1: Use effective oral and written communication skills and listening skills.

• B-SS 2: Create positive and supportive relationships with other students.

ASCA STANDARDS

Collab FEBRUARY

- B-SS 5: Ethical decision making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.

ASCA Behavior Standards: Learning Strategies

- B-LS 2: Creative approach to learning, tasks and problem solving.

CASEL (Social-Emotional Learning) Standards

Self-Management

- *Self-discipline
- *Impulse control

Social-Awareness

- *Respect for others
- *Perspective-taking

Relationship Skills

- *Communication

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems
- *Evaluating
- *Ethical responsibility

ASCA STANDARDS

Collab MARCH

Coping with Anxiety & Stress

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 3: Positive attitude toward work and learning.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 8: Balance of school, home, and community activities.
- B-SMS 10: Ability to manage transitions and adapt to change.

CASEL (Social-Emotional Learning) Standards

Social-Awareness

- *Respect for others
- *Appreciating diversity

Self-Awareness

- *Recognizing strengths

Responsible Decision-Making

- *Analyzing situations
- *Solving problems
- *Evaluating

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building
- *Teamwork

Self-Management

- *Impulse control
- *Self-discipline
- *Stress management

Growth Mindset

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 4: Self-confidence in ability to succeed.
- M 6: Understanding that postsecondary education and lifelong learning are necessary for long-term success.

ASCA STANDARDS

Collab MARCH

ASCA Behavior Standards: Social Skills

- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Learning Strategies

- B-LS 4: Self-motivation and self-direction for learning.
- B-LS 9: Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias.

CASEL (Social-Emotional Learning) Standards

Self-Awareness	Relationship Skills	Social-Awareness	Responsible Decision-Making
*Self-confidence	*Communication	*Respect for others	*Analyzing situations
*Identifying emotions	*Social engagement	*Appreciating diversity	
Self-Management	*Relationship building		
*Self-motivation	*Teamwork		

Test-Taking Skills and Test Anxiety

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 3: Positive attitude toward work and learning.
- M 4: Self-confidence in ability to succeed.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 3: Time-management, organizational and study skills.

CASEL (Social-Emotional Learning) Standards

Self-Management	Responsible Decision-Making
*Self-discipline	*Solving problems
*Stress management	

St. Patrick's Day SEL

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills
- B-SS 2: Create positive and supportive relationships with other students.

ASCA STANDARDS

Collab MARCH

- B-SS 4: Demonstrate empathy.

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Accurate self-perception
- *Recognizing strengths
- *Identifying emotions

Relationship Skills

- *Communication
- *Social engagement
- *Relationship building

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Perspective-taking
- *Empathy

ASCA STANDARDS

Collab APRIL

Mindfulness

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA Behavior Standards: Social Skills

- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Identifying emotions

Self-Management

- *Self-discipline
- *Stress management

Coping with Divorce

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 3: Positive attitude toward work and learning.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 10: Ability to manage transitions and adapt to change.

ASCA STANDARDS

Collab APRIL

CASEL (Social-Emotional Learning) Standards

Relationship skills

- *Communication
- *Social engagement
- *Relationship building
- *Teamwork

Self-Awareness

- *Accurate self-perception
- *Recognizing strengths
- *Identifying emotions

Responsible Decision-Making

- *Analyzing situations
- *Solving problems
- *Evaluating
- *Reflecting
- *Ethical responsibility

Social-Awareness

- *Respect for others
- *Appreciating diversity

Self-Management

- *Self-discipline
- *Stress management

Resilience & Courage

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 10: Ability to manage transitions and adapt to change.

ASCA Behavior Standards: Learning Strategies

- B-LS 7: Long-and short-term academic career and social-emotional goals.

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Accurate self-perception
- *Identifying emotions
- *Self-confidence

Self-Management

- *Self-discipline
- *Goal setting

Responsible Decision-Making

- *Identifying problems
- *Analyzing situations
- *Solving problems

Spring SEL

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills

ASCA STANDARDS

Collab APRIL

B-SS 2: Create positive and supportive relationships with other students.

B-SS 4: Demonstrate empathy.

CASEL (Social-Emotional Learning) Standards

Relationship skills

- *Communication
- *Social engagement
- *Relationship-building

Self-Awareness

- *Accurate self-perception
- *Identifying emotions
- *Recognizing strengths

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Perspective-taking
- *Empathy

Social Skills

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 4: Demonstrate empathy.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.
- B-SS 10: Cultural awareness, sensitivity, and responsiveness.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.
- B-SMS 9: Personal safety skills.

CASEL (Social-Emotional Learning) Standards

Self-Management

- *Self-discipline
- *Goal setting
- *Stress management
- *Impulse control

Relationship Skills

- *Communication
- *Social engagement
- *Relationship-building
- *Teamwork

Responsible Decision-Making

- *Identifying problems
- *Solving problems

Self-Awareness

- *Recognizing strengths
- *Identifying emotions
- *Self-confidence

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Perspective-taking
- *Empathy

Middle School Transition, Puberty, & Hygiene

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 4: Demonstrate empathy.
- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.
- B-SS 10: Cultural awareness, sensitivity, and responsiveness.

ASCA STANDARDS

Collab MAY

ASCA Behavior Standards: Self-Management Skills

- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 8: Balance of school, home, and community activities.
- B-SMS 9: Personal safety skills.

ASCA Behavior Standards: Learning Strategies

- B-LS 1: Critical thinking skills to make informed decisions.
- B-LS 5: Media and technology skills to enhance learning.
- B-LS 3: Time-management, organizational and study skills.
- B-LS 7: Long-and short-term academic career and social-emotional goals.

CASEL (Social-Emotional Learning) Standards

Responsible Decision-Making

- *Identifying problems
- *Solving problems
- *Analyzing situations
- *Ethical responsibility

Self-Awareness

- *Recognizing strengths
- *Identifying emotions
- *Self-confidence
- *Accurate self-perception

Relationship Skills

- *Communication
- *Social engagement
- *Relationship-building

Mental Health Awareness

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 6: Ability to identify and overcome barriers.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 8: Balance of school, home, and community activities.
- B-SMS 9: Personal safety skills.

CASEL (Social-Emotional Learning) Standards

Responsible Decision-Making

- *Identifying problems
- *Solving problems
- *Analyzing situations
- *Evaluating

Self-Awareness

- *Identifying emotions
- *Self-efficacy
- *Accurate self-perception

Self-Management

- *Impulse control
- *Stress management
- *Self-motivation

Relationship Skills

- *Communication

ASCA STANDARDS

Collab MAY

Sportsmanship

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 7: Leadership and teamwork skills to work effectively in diverse groups.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.

ASCA Behavior Standards: Learning Strategies

- B-LS 10: Participation in enrichment and extracurricular activities.

CASEL (Social-Emotional Learning) Standards

Relationship Skills

*Teamwork

Self-Awareness

*Identifying emotions

*Accurate self-perception

ASCA STANDARDS

Collab JUNE

Self-Esteem

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 7: Demonstrate effective coping skills when faced with a problem.

ASCA Behavior Standards: Learning Strategies

- B-LS 7: Long- and short-term academic career and social-emotional goals.

CASEL (Social-Emotional Learning) Standards

Responsible Decision-Making

- *Identifying problems
- *Solving problems
- *Analyzing situations

Social-Awareness

- *Respect for others
- *Appreciating diversity

Relationship Skills

- *Communication
- *Social Engagement
- *Relationship-building
- *Teamwork

Self-Awareness

- *Identifying emotions
- *Self-efficacy
- *Accurate self-perception
- *Recognizing strengths
- *Self-confidence

Self-Management

- *Self-motivation
- *Goal setting
- *Self-discipline
- *Stress management

Self-Control

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment

ASCA STANDARDS

Collab JUNE

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.
- B-SMS 7: Demonstrate effective coping skills when faced with a problem.
- B-SMS 4: Delayed gratification for long-term rewards.

CASEL (Social-Emotional Learning) Standards

Responsible Decision-Making

- *Identifying problems
- *Solving problems
- *Evaluating
- *Analyzing situations

Self-Management

- *Impulse control
- *Self-discipline
- *Self-motivation

Attendance

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.

ASCA Behavior Standards: Learning Strategies

- B-LS 3: Time-management, organizational and study skills.

CASEL (Social-Emotional Learning) Standards

Self-Awareness

- *Accurate self-perception

Self-Management

- *Self-motivation
- *Goal setting
- *Self-discipline

Summer Safety and SEL

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 9: Personal safety skills.

ASCA Behavior Standards: Social Skills

- B-SS 1: Use effective oral and written communication skills and listening skills.
- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 4: Demonstrate empathy.

ASCA STANDARDS

Collab JUNE

CASEL (Social-Emotional Learning) Standards

Responsible Decision-Making

- *Analyzing situations

Self-Management

- *Self-discipline

Relationship skills

- *Communication

- *Social engagement

- *Relationship-building

Self-Awareness

- *Identifying emotions

- *Accurate self-perception

- *Recognizing strengths

Social-Awareness

- *Respect for others

- *Appreciating diversity

- *Empathy

- *Perspective-taking

ASCA STANDARDS

Collab JULY

Empathy

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 2: Self-discipline and self-control.

ASCA Behavior Standards: Social Skills

- B-SS 2: Create positive and supportive relationships with other students.
- B-SS 3: Positive relationships with adults to support success.
- B-SS 4: Demonstrate empathy.
- B-SS 5: Ethical decision making and social responsibility.
- B-SS 6: Use effective collaboration and cooperation skills.
- B-SS 8: Advocacy skills for self and others and ability to assert self, when necessary
- B-SS 9: Demonstrate social maturity and behaviors appropriate to the situation and environment.

CASEL (Social-Emotional Learning) Standards

Relationship skills

- *Communication
- *Social engagement
- *Relationship-building

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Empathy
- *Perspective-taking

Self-Awareness

- *Identifying emotions

Character Education

ASCA Mindset Standards

- M 1: Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being.
- M 2: Sense of acceptance, respect, support, and inclusion for self and others in the school environment.
- M 3: Positive attitude toward work and learning.
- M 4: Self-confidence in ability to succeed.
- M 5: Belief in using abilities to their fullest to achieve high-quality results and outcomes.

ASCA Behavior Standards: Self-Management Skills

- B-SMS 1: Responsibility for self and actions.
- B-SMS 2: Self-discipline and self-control.
- B-SMS 5: Perseverance to achieve long and short-term goals.
- B-SMS 6: Ability to identify and overcome barriers.

ASCA STANDARDS

Collab JULY

ASCA Behavior Standards: Learning Strategies

- B-LS 3: Time-management, organizational and study skills.
- B-LS 4: Self-motivation and self-direction for learning.

CASEL (Social-Emotional Learning) Standards

Relationship Skills

- *Communication
- *Social engagement
- *Relationship-building

Relationship skills

- *Communication
- *Social engagement
- *Relationship-building

*Teamwork

Social-Awareness

- *Respect for others
- *Appreciating diversity
- *Empathy
- *Perspective-taking

Self-Management

- *Self-discipline
- *Stress management
- *Impulse control
- *Goal-setting
- *Impulse control
- *Organizational skills

Responsible Decision-Making

- *Identifying problems
- *Solving problems
- *Analyzing situations
- *Evaluating

Self-Awareness

- *Identifying emotions
- *Identifying emotions
- *Accurate self-perception
- *Recognizing strengths
- *Self-efficacy

COUNSELOR Collab

ASCA-ALIGNED CLASSROOM LESSONS



RESEARCH-BASED SMALL GROUP CURRICULUMS

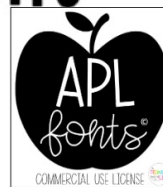


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