



COUNSELOR  Collab

ELEMENTARY

2026 - 2027 WEEKLY CURRICULUM MAP

YEAR AT A GLANCE

AUGUST

- Meet the Counselor
- Positive Behavior
- Feelings Identification
- School Success Skills

SEPTEMBER

- Coping Skills
- Using & Showcasing Data
- Positive Thinking
- Problem-Solving Skills

OCTOBER

- Bullying Prevention
- Fall SEL
- Drug & Alcohol Prevention
- Halloween Safety

NOVEMBER

- College Awareness
- Career Exploration
- Gratitude
- Using I-Messages

DECEMBER

- Coping with Grief & Loss
- Generosity
- Friendship
- Cyber Safety & Digital Citizenship

JANUARY

- Conflict Resolution
- Personal Safety & Erin's Law
- Goal-Setting
- Diversity & Acceptance

FEBRUARY

- Kindness
- Coping with Anger
- Tattling vs. Telling
- Valentine's Day SEL

MARCH

- Coping with Anxiety & Stress
- Growth Mindset
- Test-Taking Skills
- Managing Test Anxiety

APRIL

- Mindfulness
- Coping with Divorce
- Resilience
- Courage

MAY

- Social Skills
- Middle School Transition
- Mental Health Awareness
- Sportsmanship

JUNE

- Self-Esteem
- Self-Control
- Attendance
- Summer Safety & SEL

JULY

- Empathy
- Back to School Planning
- Character Education
- Counselor Tools

AUGUST counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
MEET THE COUNSELOR	Lesson 1: "The Parts" of the School Counselor Lesson	Lesson 1: Meet My Counselor Superhero Lesson	Lesson 1: "The Rabbit Listened" Meet the Counselor Companion	Lesson 1: Counselors Help Me "Ride the Waves" of Life	Lesson 1: Meet the Counselor BINGO Game	Lesson 1: School Counseling Myths vs. Facts Lesson
POSITIVE BEHAVIOR	Lesson 2: Good vs. Sad Choices Pocket Chart Sorting Game	Lesson 2: "Red & Green Light Choices" Sorting Game	Lesson 2: "Star Students" Positive School Behavior Lesson	Lesson 2: "SEL in a Snap:" Respectful Behavior	Lesson 2: "What Would You Do?" Part 1 Interactive Lesson	Lesson 2: "What Would You Do?" Part 2 Interactive Lesson
IDENTIFYING FEELINGS	Lesson 3: "Feelings at Work" Construction Trucks Lesson	Lesson 3: "Spot the Feelings" Lesson	Lesson 3: Identifying Feelings Lesson with Real Photos	Lesson 3: Identifying Feelings Lesson	Lesson 3: "I'm Happy-Sad Today" Companion Lesson	Lesson 3: My Emotions Book
SCHOOL SUCCESS SKILLS	Lesson 4: "Rae the Responsibility Hero" Lesson	Lesson 4: "Smart Cookie" Companion Lesson	Lesson 4: "Tools for Success" Lesson	Lesson 4: "Time Thieves" Lesson	Lesson 4: "SEL in a Snap:" Success Skills Lesson	Lesson 4: "Passport to Executive Functioning" Activity

NOTES:



SEPTEMBER

counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
COPING SKILLS	Lesson 1: Coping Skills Lesson with Real Photos	Lesson 1: "Feel Better Fries" Lesson	Lesson 1: "Tame Your Anger Flames" Lesson	Lesson 1: "Tools for Coping" Lesson	Lesson 1: Coping Skills Lesson	Lesson 1: "Coping Skills Cart" Lesson
OPTIMISM & POSITIVE THINKING	Lesson 2: "Optimistic Olivia" Character Traits Lesson	Lesson 2: "Optimistic Olivia" Character Traits Lesson	Lesson 2: Optimism Character Education Curriculum	Lesson 2: Explosive Thinking vs. Peaceful Thinking Lesson	Lesson 2: "Flip the Negative Thought" Flip Flops Lesson	Lesson 2: "ANTS:" Automatic Negative Thinking Lesson
PROBLEM-SOLVING SKILLS 1	Lesson 3: Small Problems & Big Problems Lesson	Lesson 3: "Problem-Solving Pirates" Lesson	Lesson 3: SPACE-Themed Problem-Solving Lesson	Lesson 3: "What Do You Do With a Problem?" Companion Lesson	Lesson 3: Problem-Solving Skills Character Education Curriculum	Lesson 3: Cooperation Character Education Curriculum
PROBLEM-SOLVING SKILLS 2	Lesson 4: Size of the Problem & I-Messages Lesson	Lesson 4: SPACE-themed Problem-Solving Lesson	Lesson 4: "What Do You Do With a Problem?" Companion Lesson	Lesson 4: Centers: Problem-Solving Match Game & Board Game	Lesson 4: Cooperation Character Education Curriculum	Lesson 4: Problem-Solving Skills Character Education Curriculum

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OCTOBER counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
BULLYING PREVENTION	Lesson 1: "The Recess Queen" Companion Lesson	Lesson 1: "Tease Monster" Companion Lesson	Lesson 1: "Juice Box Bully" Companion Lesson	Lesson 1: "Bully Beans" Companion Lesson	Lesson 1: Bullying vs. Conflict Lesson	Lesson 1: "Mean Girls" & "Mean Guys" Lessons
FALL SOCIAL-EMOTIONAL LEARNING	Lesson 2 "Color the Fall Feelings" Activities	Lesson 2: Fall-Themed Feelings & Coping Skills Lesson	Lesson 2: "Helpful Harry" Character Traits Lesson	Lesson 2: "Fall Find-the-Feelings" Activities	Lesson 2: "Walk in My Fall Shoes" Empathy Lesson	Lesson 2: Fall SEL Workbook
DRUG & ALCOHOL PREVENTION	Lesson 3: "Paws Off Drugs" Lesson	Lesson 3: "Paws Off Drugs" Lesson	Lesson 3: "I Am Vape" Companion Lesson	Lesson 3: "I Am Vape" Companion Lesson	Lesson 3: "Drug-Free Me" Worksheets & Pledge	Lesson 3: Drug Awareness Comics & Fact Sheets
HALLOWEEN SAFETY & SEL	Lesson 4: "Build a Trick-or-Treat Friend" Lesson	Lesson 4: Halloween Feelings Game	Lesson 4: Halloween-Themed Feelings & Coping Skills Lesson	Lesson 4: Community Helpers Ghosts-Themed Lesson	Lesson 4: Halloween Safety: Trick-or-Treat Choices	Lesson 4: Halloween "Find-the-Feelings" Activities

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NOVEMBER counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
USING I- MESSAGES	Lesson 1: "I-Messages Trains" Lesson	Lesson 1: "I-Messages Pizzas" Lesson	Lesson 1: I-Messages Activity	Lesson 1: I-Messages Activity	Lesson 1: Digital I- Messages Lesson	Lesson 1: Digital I- Messages Lesson
GRATITUDE & THANKSGIVING SEL	Lesson 2 Thanksgiving -Themed Feelings & Coping Skills Lesson	Lesson 2: "Build a Turkey Friend" Lesson	Lesson 2: Thanksgiving Feelings Game	Lesson 2: Thanksgiving Gratitude Lesson & Gobble Grams	Lesson 2: Gratitude Letters Activity	Lesson 2: Gratitude Character Education Curriculum
COLLEGE & CAREER AWARENESS	Lesson 3: Careers Guessing Game	Lesson 3: "Career Day" Lesson	Lesson 3: "Career City:" Virtual Career Day	Lesson 3: "Day in the Life of a Community Helper" Lesson	Lesson 3: College Awareness Activities	Lesson 3: "College Town" Lesson
COLLEGE & CAREER AWARENESS	Lesson 4: Centers: Build a Community Helper & Sorting Mats	Lesson 4: Community Helpers Fingerprints Tour	Lesson 4: Centers: Careers Board Game & Spot the Careers Game	Lesson 4: "Day in the Life of a Career Worker" Lesson	Lesson 4: "Career Town" Lesson	Lesson 4: Careers Interest Inventory & Workbook

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DECEMBER counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
GENEROSITY & WINTER SEL	Lesson 1: "Yeti Yoga" Lesson	Lesson 1: "Generous Gianna" Character Traits Lesson	Lesson 1: "Build a Snowman Friend" Lesson	Lesson 1: Generosity & Giving Lesson	Lesson 1: "Extra Yarn" Companion Lesson	Lesson 1: Winter-Themed Kindness Notes
FRIENDSHIP 1	Lesson 2: "Rainbow Friends" Lesson	Lesson 2: "We Go Together" Friendship Lesson	Lesson 2: "Friendship Pies" Lesson	Lesson 2: "Friendship Pizzas" Lesson	Lesson 2: "Treasure or Trash" Friendship Lesson	Lesson 2: "Parking Lot Friends" Lesson
FRIENDSHIP 2	Lesson 3: "Sweet Friends" Lesson	Lesson 3: "Sunny vs. Stormy Friends" Sorting Game	Lesson 3: "SEL in a Snap:" Building Relationships Lesson	Lesson 3: "Tools for Friendship" Lesson	Lesson 3: Centers: "Friendship Town" Game & Friendship Card Game	Lesson 3: "Keys to Friendship" Lesson
CYBER SAFETY	Lesson 4: FriendSHIPS Nautical-Themed Lesson	Lesson 4: Cyber Safety Lesson 1 (with craft)	Lesson 4: Cyber Safety Lesson 1 (with craft)	Lesson 4: Cyber Safety Lesson 2 (with sorting game)	Lesson 4: Character Education Curriculum: Digital Citizenship	Lesson 4: Middle School Files: Digital Life

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JANUARY counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
GOAL-SETTING	Lesson 1: "Change Wishes into Goals" Lesson	Lesson 1: "Joshua's Goal" Lesson	Lesson 1: New Years 2027 Lesson	Lesson 1: Sports-Themed Goal-Setting Lesson	Lesson 1: Motivation Mountain Lesson	Lesson 1: Motivation Mountain Lesson
CONFLICT RESOLUTION SKILLS	Lesson 2 "The Buddy Bear" Conflict Resolution Lesson	Lesson 2: Snowman-Themed 3-Step Apology Lesson	Lesson 2: Conflict Resolution Lesson	Lesson 2: "SEL in a Snap:" Conflict Resolution	Lesson 2: "Conflict Superhero" Lesson	Lesson 2: "Power Up for Peace" Conflict Resolution Lesson
DIVERSITY & ACCEPTANCE	Lesson 3: "Accepting Adam" Character Traits Lesson	Lesson 3: "All Are Welcome" Diversity Lesson	Lesson 3: "Walk in My Diverse Shoes" Empathy Lesson	Lesson 3: "The Pieces of Me" Diversity Lesson	Lesson 3: Diverse Families Lesson	Lesson 3: "Meet Diverse Kids" Lesson
PERSONAL SAFETY & ERIN'S LAW	Lesson 4: Healthy & Safe Choices Sorting Game	Lesson 4: Personal Safety Lesson & Sorting Game	Lesson 4: Safe vs. Unsafe Secrets Sorting Game	Lesson 4: "Danger Rangers" Child Abuse Prevention Lesson	Lesson 4: Child Abuse Prevention & 3 Types of Touch Curriculum	Lesson 4: Body Safety Red Flags Lesson

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FEBRUARY counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
KINDNESS	Lesson 1: "Have You Filled a Bucket Today?" Companion	Lesson 1: "Keisha the Kindness Hero" Lesson	Lesson 1: "Kindness Crowns" Lesson	Lesson 1: "Kindness Quest" Lesson	Lesson 1: "Will You Be the 'I' in Kind?" Companion Lesson	Lesson 1: Kind Words Activity
VALENTINE'S DAY SEL	Lesson 2: Valentine's Day-Themed Feelings & Coping Skills Lesson	Lesson 2: "Color the Valentine's Day Feelings" Activities	Lesson 2: Valentine's Day Feelings Game	Lesson 2: Valentine's Day "Find-the-Feelings" Activities	Lesson 2: Valentine's Day Kindness Notes	Lesson 2: Valentine's Day Kindness Notes
TATTLING VS. TELLING & HONESTY	Lesson 3: Tattling or Reporting Lesson	Lesson 3: "A Bad Case of Tattle Tongue" Companion Lesson	Lesson 3: "Tommy the Trustworthy Hero" Lesson	Lesson 3: Tattling or Telling Lesson & Sorting Game	Lesson 3: "Ricky Sticky Fingers" Companion Lesson	Lesson 3: "Lying Up a Storm" Companion Lesson
COPING WITH ANGER	Lesson 4: "My Anger Monster" Lesson	Lesson 4: "Soda Pop Head" Companion Lesson	Lesson 4: "Things that Bug Me" Lesson	Lesson 4: "Hello, Anger" Companion Lesson	Lesson 4: "Anger Shield" Lesson	Lesson 4: Coping with Anger Escape Room

NOTES:



MARCH

counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
TEST-TAKING SKILLS	Lesson 1: "Pout Pout Fish" Growth Mindset Companion Lesson	Lesson 1: "Test-Taking Skills" Color by Code Activities	Lesson 1: "Find the Test-Taking Tips" Activities	Lesson 1: Test-Taking Tips Lesson	Lesson 1: Test-Taking Tips & Test Anxiety Lesson	Lesson 1: Test-Taking Tips BINGO Game
COPING WITH TEST ANXIETY	Lesson 2: "Jabari Jumps" Companion Lesson	Lesson 2: "The Anti-Test Anxiety Society" Companion Lesson	Lesson 2: "The Anti-Test Anxiety Society" Companion Lesson	Lesson 2: Test Anxiety Folded Craft Activity	Lesson 2: Testing Stressors Lesson	Lesson 2: Testing Stressors Lesson
GROWTH MINDSET	Lesson 3: "Color the St. Patrick's Day Feelings" Activities	Lesson 3: "Bubble Gum Brain" Companion Lesson	Lesson 3: "What Do You Do With an Idea?" Companion Lesson	Lesson 3: Growth Mindset Lesson	Lesson 3: "SEL in a Snap:" Growth Mindset	Lesson 3: Growth Mindset Folded Craft Activity
COPING WITH ANXIETY & STRESS	Lesson 4: Body Mapping Activity: Anxiety	Lesson 4: "Wilma Jean the Worry Machine" Companion	Lesson 4: "Hello, Anxiety" Companion Lesson	Lesson 4: "SEL in a Snap:" Stress Management	Lesson 4: "Worry Says What?" Companion	Lesson 4: "Keys to Stress" Lesson

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APRIL counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
MINDFULNESS	Lesson 1: "Breathing Buddies" Lesson	Lesson 1: Mindfulness Lesson for Little Learners	Lesson 1: Mindfulness Lesson	Lesson 1: "SEL in a Snap:" Mindfulness	Lesson 1: Mindfulness Character Education Curriculum	Lesson 1: "Mindful Me" Lesson
COURAGE & RESILIENCE	Lesson 2 Seasonal Mindfulness Exercises (Spring)	Lesson 2: "I Got This!" Companion Lesson	Lesson 2: "Lemons into Lemonade" Resilience Lesson	Lesson 2: Resilience Character Education Curriculum	Lesson 2: "Lemons into Lemonade" Resilience Lesson	Lesson 2: Courage Character Education Curriculum
COURAGE & RESILIENCE	Lesson 3: "My Resilient Monster" Lesson	Lesson 3: "Courageous Charlie" Character Traits Lesson	Lesson 3: "I Got This!" Companion Lesson	Lesson 3: "Lemons into Lemonade" Resilience Lesson	Lesson 3: Courage Character Education Curriculum	Lesson 3: Middle School Files: Body Changes
SPRING SEL	Lesson 4: Spring Flowers Feelings Game	Lesson 4: "Build a Spring Friend" Lesson	Lesson 4: "Walk in My Spring Shoes" Empathy Lesson	Lesson 4: "Color the Spring Feelings" Activities	Lesson 4: Spring "Find-the-Feelings" Activities	Lesson 4: Middle School Files: Academics

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MAY counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
SOCIAL SKILLS 1 & MIDDLE SCHOOL TRANSITION	Lesson 1: Listening Skills Lesson (with hats)	Lesson 1: "The Worst Day of My Life Ever" Companion Lesson	Lesson 1: "Personal Space Camp" Companion Lesson	Lesson 1: Listening Skills Lesson	Lesson 1: "Passport to Social-Emotional Learning" Activity	Lesson 1: Middle School Files: Social Life
SOCIAL SKILLS 2	Lesson 2: "Personal Space Camp" Companion Lesson	Lesson 2: "SEL in a Snap:" Social Skills	Lesson 2: SEL Curriculum: Social Skills	Lesson 2: SEL Curriculum: Relationship Skills	Lesson 2: Centers: Social Skills Card Game, Board Game, & Convo Cards	Lesson 2: Middle School Transition Worries
MENTAL HEALTH AWARENESS	Lesson 3: Mental Health Lesson	Lesson 3: Self-Care Lesson	Lesson 3: "A Flicker of Hope" Companion Lesson	Lesson 3: "The Good Egg" Companion Lesson	Lesson 3: Puberty/ Hygiene for Girls & Puberty/ Hygiene for Boys	Lesson 3: Middle School Transition Lesson
SPORTSMANSHIP	Lesson 4: "Sports-Themed Color the Feelings" Activities	Lesson 4: "Sportsmanship Samuel" Character Traits Lesson	Lesson 4: Sportsmanship Lesson	Lesson 4: Sportsmanship Character Education Curriculum	Lesson 4: "The Big Cheese" Companion Lesson	Lesson 4: Middle School Transition Folded Craft

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JUNE counseling



TOPIC	KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
SELF-ESTEEM	Lesson 1: "Capability Crayons" Lesson	Lesson 1: "Our Stripes are Unique" Lesson	Lesson 1: "Unique Unicorns" Lesson	Lesson 1: "Cooking Up Compliments" Lesson	Lesson 1: SEL Curriculum: Self-Awareness	Lesson 1: "Self-Esteem Sunglasses" Activity
SUMMER SAFETY & SEL	Lesson 2 "Build a Summer Friend" Lesson	Lesson 2: Summer Safe Choices Sorting Game	Lesson 2: Summer Feelings Game	Lesson 2: Summer Bucket List Activity	Lesson 2: Summer SEL Workbook	Lesson 2: "Walk in My Summer Shoes" Empathy Lesson
SELF-CONTROL	Lesson 3: "Clark the Shark" Companion Lesson	Lesson 3: "Ants in My Pants" Companion Lesson	Lesson 3: "The Bad Seed" Companion Lesson	Lesson 3: Self-Control Lesson	Lesson 3: "My Mouth is a Volcano" Companion Lesson	Lesson 3: "Lying Up a Storm" Companion Lesson
ATTENDANCE	Lesson 4: Attendance Lesson	Lesson 4: Attendance Lesson	Lesson 4: Attendance Lesson	Lesson 4: Attendance Folded Craft Activity	Lesson 4: Attendance Folded Craft Activity	Lesson 4: Attendance Folded Craft Activity

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