



COUNSELOR  Collab

ELEMENTARY

2026 - 2027 MONTHLY CURRICULUM MAP

YEAR AT A GLANCE

AUGUST

- Meet the Counselor
- Positive Behavior
- Feelings Identification
- School Success Skills

SEPTEMBER

- Coping Skills
- Using & Showcasing Data
- Positive Thinking
- Problem-Solving Skills

OCTOBER

- Bullying Prevention
- Fall SEL
- Drug & Alcohol Prevention
- Halloween Safety

NOVEMBER

- College Awareness
- Career Exploration
- Gratitude
- Using I-Messages

DECEMBER

- Coping with Grief & Loss
- Generosity
- Friendship
- Cyber Safety & Digital Citizenship

JANUARY

- Conflict Resolution
- Personal Safety & Erin's Law
- Goal-Setting
- Diversity & Acceptance

FEBRUARY

- Kindness
- Coping with Anger
- Tattling vs. Telling
- Valentine's Day SEL

MARCH

- Coping with Anxiety & Stress
- Growth Mindset
- Test-Taking Skills
- Managing Test Anxiety

APRIL

- Mindfulness
- Coping with Divorce
- Resilience
- Courage

MAY

- Social Skills
- Middle School Transition
- Mental Health Awareness
- Sportsmanship

JUNE

- Self-Esteem
- Self-Control
- Attendance
- Summer Safety & SEL

JULY

- Empathy
- Back to School Planning
- Character Education
- Counselor Tools

MONTHLY curriculum map



	K	1 st Grade	2 nd Grade	3 rd Grade	4 th Grade	5 th Grade
AUG	"The Parts" of the School Counselor Lesson	Meet My Counselor Superhero Lesson	"The Rabbit Listened" Meet the Counselor Companion	Counselors Help Me "Ride the Waves" of Life Lesson	Meet the Counselor BINGO Game	School Counseling Myths vs. Facts Lesson
SEP	"Feelings at Work" Construction Trucks Lesson	"Feel Better Fries" Lesson	Identifying Feelings Lesson with Real Photos	Identifying Feelings Lesson	"I'm Happy-Sad Today" Companion Lesson	"Coping Skills Cart" Lesson
OCT	"The Recess Queen" Companion Lesson	"Tease Monster" Companion Lesson	"Juice Box Bully" Companion Lesson	"Bully Beans" Companion Lesson	Bullying vs. Conflict Lesson	"Mean Girls" & "Mean Guys" Lessons
NOV	Careers Guessing Game	"Career Day" Lesson	"Career City:" Virtual Career Day	"Day in the Life of a Career Worker"	"College Town" Lesson	Careers Interest Inventory & Workbook
DEC	"Rainbow Friends" Lesson	"Sweet Friends" Lesson	"We Go Together" Friendship Lesson	"Friendship Pizzas" Lesson	"SEL in a Snap:" Building Relationships	"Parking Lot Friends" Lesson
JAN	Healthy & Safe Choices Sorting Game	Personal Safety Lesson & Sorting Game	Safe vs. Unsafe Secrets Sorting Game	"Danger Rangers" Child Abuse Prevention Lesson	Child Abuse Prevention & 3 Types of Touch Curriculum	Body Safety Red Flags Lesson

MONTHLY curriculum map



	K	1 st Grade	2 nd Grade	3 rd Grade	4 th Grade	5 th Grade
FEB	"Have You Filled a Bucket Today?" Companion	"Keisha the Kindness Hero" Lesson	"Kindness Crowns" Lesson	"Kindness Quest" Lesson	"Will You Be the 'I' in Kind?" Companion Lesson	Kind Words Activity
MAR	Body Mapping Activity: Anxiety	"Wilma Jean the Worry Machine" Companion Lesson	Test-Taking Tips Lesson	"The Anti-Test Anxiety Society" Companion Lesson	Test-Taking Tips & Test Anxiety Lesson	Testing Stressors Lesson
APR	"Breathing Buddies" Lesson	Mindfulness Lesson for Little Learners	Mindfulness Lesson	"SEL in a Snap:" Mindfulness	Mindfulness Character Education Curriculum	"Mindful Me" Lesson
MAY	"Personal Space Camp" Companion	Mental Health Lesson	Self-Care Lesson	"The Good Egg" Companion Lesson	"Passport to Social-Emotional Learning"	Middle School Transition Worries
JUN	"Capability Crayons" Lesson	"Our Stripes are Unique" Lesson	"Unique Unicorns" Lesson	"Cooking Up Compliments" Lesson	"Self-Esteem Sunglasses" Activity	Middle School Transition Lesson