



COUNSELOR  Collab

# ELEMENTARY

2026 - 2027 BIWEEKLY CURRICULUM MAP

# YEAR AT A GLANCE

## AUGUST

- Meet the Counselor
- Positive Behavior
- Feelings Identification
- School Success Skills

## SEPTEMBER

- Coping Skills
- Using & Showcasing Data
- Positive Thinking
- Problem-Solving Skills

## OCTOBER

- Bullying Prevention
- Fall SEL
- Drug & Alcohol Prevention
- Halloween Safety

## NOVEMBER

- College Awareness
- Career Exploration
- Gratitude
- Using I-Messages

## DECEMBER

- Coping with Grief & Loss
- Generosity
- Friendship
- Cyber Safety & Digital Citizenship

## JANUARY

- Conflict Resolution
- Personal Safety & Erin's Law
- Goal-Setting
- Diversity & Acceptance

## FEBRUARY

- Kindness
- Coping with Anger
- Tattling vs. Telling
- Valentine's Day SEL

## MARCH

- Coping with Anxiety & Stress
- Growth Mindset
- Test-Taking Skills
- Managing Test Anxiety

## APRIL

- Mindfulness
- Coping with Divorce
- Resilience
- Courage

## MAY

- Social Skills
- Middle School Transition
- Mental Health Awareness
- Sportsmanship

## JUNE

- Self-Esteem
- Self-Control
- Attendance
- Summer Safety & SEL

## JULY

- Empathy
- Back to School Planning
- Character Education
- Counselor Tools

# AUGUST counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "The Parts" of the School Counselor Lesson	<b>Lesson 1:</b> Meet My Counselor Superhero Lesson	<b>Lesson 1:</b> "The Rabbit Listened" Meet the Counselor Companion	<b>Lesson 1:</b> Counselors Help Me "Ride the Waves" of Life Lesson	<b>Lesson 1:</b> Meet the Counselor BINGO Game	<b>Lesson 1:</b> School Counseling Myths vs. Facts Lesson
<b>Lesson 2:</b> "Feelings at Work" Construction Trucks Lesson	<b>Lesson 2:</b> "Spot the Feelings" Lesson	<b>Lesson 2:</b> Identifying Feelings Lesson with Real Photos	<b>Lesson 2:</b> Identifying Feelings Lesson	<b>Lesson 2:</b> "I'm Happy-Sad Today" Companion Lesson	<b>Lesson 2:</b> My Emotions Book

# SEPTEMBER counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> Coping Skills Lesson with Real Photos	<b>Lesson 1:</b> "Feel Better Fries" Lesson	<b>Lesson 1:</b> "Tame Your Anger Flames" Lesson	<b>Lesson 1:</b> "Tools for Coping" Lesson	<b>Lesson 1:</b> Coping Skills Lesson	<b>Lesson 1:</b> "Coping Skills Cart" Lesson
<b>Lesson 2:</b> Small Problems & Big Problems Lesson	<b>Lesson 2:</b> "Problem-Solving Pirates" Lesson	<b>Lesson 2:</b> SPACE-themed Problem-Solving Lesson	<b>Lesson 2:</b> Size of the Problem & I-Messages Lesson	<b>Lesson 2:</b> "What Do You Do With a Problem?" Companion Lesson	<b>Lesson 2:</b> My Emotions Book

# OCTOBER

# counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "The Recess Queen" Companion Lesson	<b>Lesson 1:</b> "Tease Monster" Companion Lesson	<b>Lesson 1:</b> "Juice Box Bully" Companion Lesson	<b>Lesson 1:</b> "Bully Beans" Companion Lesson	<b>Lesson 1:</b> Bullying vs. Conflict Lesson	<b>Lesson 1:</b> "Mean Girls" & "Mean Guys" Lessons
<b>Lesson 4:</b> "Build a Trick-or-Treat Friend" Lesson	<b>Lesson 2:</b> "Paws Off Drugs" Lesson	<b>Lesson 4:</b> Halloween Safety: Trick-or-Treat Choices	<b>Lesson 4:</b> "I Am Vape" Companion Lesson	<b>Lesson 2:</b> "Walk in My Fall Shoes" Empathy Lesson	<b>Lesson 2:</b> Drug Awareness Comics & Fact Sheets

# NOVEMBER

# counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> Careers Guessing Game	<b>Lesson 1:</b> "Career Day" Lesson	<b>Lesson 1:</b> "Career City:" Virtual Career Day	<b>Lesson 1:</b> "Day in the Life of a Community Helper" Lesson	<b>Lesson 1:</b> "College Town" Lesson	<b>Lesson 1:</b> Careers Interest Inventory & Workbook
<b>Lesson 2</b> Thanksgiving-Themed Feelings & Coping Skills Lesson	<b>Lesson 2:</b> "Build a Turkey Friend" Lesson	<b>Lesson 2:</b> Thanksgiving Feelings Game	<b>Lesson 2:</b> Thanksgiving Gratitude Lesson & Gobble Grams	<b>Lesson 2:</b> Gratitude Letters Activity	<b>Lesson 2:</b> Gratitude Character Education Curriculum

# DECEMBER counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "Yeti Yoga" Lesson	<b>Lesson 1:</b> "Generous Gianna" Character Traits Lesson	<b>Lesson 1:</b> "Build a Snowman Friend" Lesson	<b>Lesson 1:</b> Generosity & Giving Lesson	<b>Lesson 1:</b> "Extra Yarn" Companion Lesson	<b>Lesson 1:</b> Winter- Themed Kindness Notes
<b>Lesson 2:</b> "Rainbow Friends" Lesson	<b>Lesson 1:</b> "Sweet Friends" Lesson	<b>Lesson 1:</b> "We Go Together" Friendship Lesson	<b>Lesson 1:</b> "Friendship Pizzas" Lesson	<b>Lesson 1:</b> "SEL in a Snap:" Building Relationships Lesson	<b>Lesson 1:</b> "Parking Lot Friends" Lesson

# JANUARY counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "Change Wishes into Goals" Lesson	<b>Lesson 1:</b> "Joshua's Goal" Story Lesson	<b>Lesson 1:</b> New Years 2027 Lesson	<b>Lesson 1:</b> Sports- Themed Goal- Setting Lesson	<b>Lesson 1:</b> Motivation Mountain Lesson	<b>Lesson 1:</b> "Power Up for Peace" Conflict Resolution Lesson
<b>Lesson 2:</b> Healthy & Safe Choices Sorting Game	<b>Lesson 2:</b> Personal Safety Lesson & Sorting Game	<b>Lesson 2:</b> Safe vs. Unsafe Secrets Sorting Game	<b>Lesson 2:</b> "Danger Rangers" Child Abuse Prevention Lesson	<b>Lesson 2:</b> Child Abuse Prevention & 3 Types of Touch Curriculum	<b>Lesson 2:</b> Body Safety Red Flags Lesson

# FEBRUARY

# counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "Have You Filled a Bucket Today?" Companion	<b>Lesson 1:</b> "Keisha the Kindness Hero" Lesson	<b>Lesson 1:</b> "Kindness Crowns" Lesson	<b>Lesson 1:</b> "Kindness Quest" Lesson	<b>Lesson 1:</b> "Will You Be the 'I' in Kind?" Companion Lesson	<b>Lesson 1:</b> Kind Words Activity
<b>Lesson 2:</b> Tattling or Reporting Lesson	<b>Lesson 2:</b> "A Bad Case of Tattle Tongue" Companion Lesson	<b>Lesson 2:</b> "Tommy the Trustworthy Hero" Lesson	<b>Lesson 2:</b> Tattling or Telling Lesson & Sorting Game	<b>Lesson 2:</b> "Ricky Sticky Fingers" Companion Lesson	<b>Lesson 2:</b> "Lying Up a Storm" Companion Lesson

# MARCH

# counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "Pout Pout Fish" Growth Mindset Companion Lesson	<b>Lesson 1:</b> Mindfulness Lesson for Little Learners	<b>Lesson 1:</b> "What Do You Do With a Problem?" Companion Lesson	<b>Lesson 1:</b> Growth Mindset Lesson	<b>Lesson 1:</b> "SEL in a Snap:" Growth Mindset	<b>Lesson 1:</b> Growth Mindset Folded Craft Activity
<b>Lesson 2:</b> Body Mapping Activity: Anxiety	<b>Lesson 2:</b> "Wilma Jean the Worry Machine" Companion Lesson	<b>Lesson 2:</b> Test-Taking Tips Lesson	<b>Lesson 2:</b> "The Anti-Test Anxiety Society" Companion Lesson	<b>Lesson 2:</b> Test-Taking Tips & Test Anxiety Lesson	<b>Lesson 2:</b> Testing Stressors Lesson

# APRIL counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "Breathing Buddies" Lesson	<b>Lesson 1:</b> Mindfulness Lesson for Little Learners	<b>Lesson 1:</b> Mindfulness Lesson	<b>Lesson 1:</b> "SEL in a Snap:" Mindfulness	<b>Lesson 1:</b> Mindfulness Character Education Curriculum	<b>Lesson 1:</b> "Mindful Me" Lesson
<b>Lesson 2:</b> Seasonal Mindfulness Exercises (Spring)	<b>Lesson 2:</b> "Courageous Charlie" Character Traits Lesson	<b>Lesson 2:</b> "Lemons into Lemonade" Resilience Lesson	<b>Lesson 2:</b> Resilience Character Education Curriculum	<b>Lesson 2:</b> Courage Character Education Curriculum	<b>Lesson 2:</b> Middle School Files: Social Life

# MAY counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> Listening Skills Lesson (with hats)	<b>Lesson 1:</b> "The Worst Day of My Life Ever" Companion Lesson	<b>Lesson 1:</b> "A Flicker of Hope" Companion Lesson	<b>Lesson 1:</b> Listening Skills Lesson	<b>Lesson 1:</b> "Passport to Social- Emotional Learning" Activity	<b>Lesson 1:</b> Middle School Transition Worries
<b>Lesson 2</b> "Personal Space Camp" Companion Lesson	<b>Lesson 2:</b> Mental Health Lesson	<b>Lesson 2:</b> Self-Care Lesson	<b>Lesson 2:</b> "The Good Egg" Companion Lesson	<b>Lesson 2:</b> Puberty/ Hygiene for Girls & Puberty/ Hygiene for Boys	<b>Lesson 2:</b> Middle School Transition Lesson

# JUNE counseling



KINDER	1 <sup>ST</sup> GRADE	2 <sup>ND</sup> GRADE	3 <sup>RD</sup> GRADE	4 <sup>TH</sup> GRADE	5 <sup>TH</sup> GRADE
<b>Lesson 1:</b> "Clark the Shark" Companion Lesson	<b>Lesson 1:</b> "Ants in My Pants" Companion Lesson	<b>Lesson 1:</b> "The Bad Seed" Companion Lesson	<b>Lesson 1:</b> Self-Control Lesson	<b>Lesson 1:</b> "My Mouth is a Volcano" Companion Lesson	<b>Lesson 1:</b> "Lying Up a Storm" Companion Lesson
<b>Lesson 2:</b> "Capability Crayons" Lesson	<b>Lesson 2:</b> "Our Stripes are Unique" Lesson	<b>Lesson 2:</b> "Unique Unicorns" Lesson	<b>Lesson 2:</b> "Cooking Up Compliments" Lesson	<b>Lesson 2:</b> SEL Curriculum: Self-Awareness	<b>Lesson 2:</b> "Self-Esteem Sunglasses" Activity