



SEMESTER 2: 2026 ELEMENTARY BIMONTHLY CURRICULUM MAP



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counselors like you

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YEAR AT A GLANCE

AUGUST

- Meet the Counselor
- Positive Behavior
- Feelings Identification
- School Success Skills

SEPTEMBER

- Coping Skills
- Using & Showcasing Data
- Positive Thinking
- Problem-Solving Skills

OCTOBER

- Bullying Prevention
- Fall SEL
- Drug & Alcohol Prevention
- Halloween Safety

NOVEMBER

- College Awareness
- Career Exploration
- Gratitude
- Using I-Messages

DECEMBER

- Coping with Grief & Loss
- Generosity
- Friendship
- Cyber Safety & Digital Citizenship

JANUARY

- Conflict Resolution
- Personal Safety & Erin's Law
- Goal-Setting
- Diversity & Acceptance

FEBRUARY

- Kindness
- Coping with Anger
- Tattling vs. Telling
- Valentine's Day SEL

MARCH

- Coping with Anxiety
- Growth Mindset
- Test-Taking Skills
- Managing Test Anxiety

APRIL

- Mindfulness
- Coping with Divorce
- Resilience
- Courage

MAY

- Social Skills
- Middle School Transition
- Mental Health Awareness
- Sportsmanship

JUNE

- Self-Esteem
- Self-Control
- Attendance
- Summer Safety & SEL

JULY

- Empathy
- Back to School Planning
- Character Education
- Counselor Tools

JANUARY counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Conflict Resolution: "Buddy Bear"	Lesson 1: Personal Safety Sorting Game	Lesson 1: Conflict Resolution Lesson	Lesson 1: Conflict Character Ed Curriculum	Lesson 1: New Years 2026 Goals and Resolutions	Lesson 1: Meeting Diverse Kids Lesson
Lesson 2: Body Safety Red Flags Lesson	Lesson 2: "All Are Welcome" Diversity Lesson	Lesson 2: Snowman- Themed 3-Step Apology	Lesson 2: Acceptance Character Ed Curriculum	Lesson 2: Power Up for Peace: Conflict Resolution	Lesson 2: Keys to Conflict Lesson

FEBRUARY counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Kindness Story Lesson	Lesson 1: "Have You Filled a Bucket Today?" Companion	Lesson 1: Kindness Crowns Lesson	Lesson 1: "A Bad Case of Tattle Tongue" Companion Lesson	Lesson 1: "Kindness Quest" Lesson	Lesson 1: Kindness Character Ed Curriculum
Lesson 2: Color the Feelings: Valentine's Day Theme	Lesson 2: Build a Cupid Friend	Lesson 2: "Walk in My Valentine Shoes:" Empathy	Lesson 2: Valentine's Day Feelings & Coping Skills Lesson	Lesson 2: "Will You Be the 'I' in Kind?" Companion Lesson	Lesson 2: Compassion Character Ed Curriculum

MARCH counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: "My Worry Monster" Lesson	Lesson 1: "Wilma Jean the Worry Machine" Companion	Lesson 1: SEL in a Snap Lesson: Stress Management	Lesson 1: "Hello, Anxiety" Companion Lesson	Lesson 1: "The Anti-Test Anxiety Society" Companion	Lesson 1: Test-Taking Tips & Test Anxiety Lesson
Lesson 2: "Jabari Jumps" Companion	Lesson 2: "Pout Pout Fish" Growth Mindset Lesson	Lesson 2: Growth Mindset Lesson	Lesson 2: Character Ed Curriculum: Growth Mindset	Lesson 2: Test-Taking Tips BINGO Game	Lesson 2: SEL Curriculum: Self-Management

APRIL counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Mindfulness for Little Learners Lesson	Lesson 1: "My Resilient Monster" Lesson	Lesson 1: Courage Character Education Lesson	Lesson 1: "I Got This!" Companion Lesson: Resilience	Lesson 1: SEL in a Snap Lesson: Mindfulness	Lesson 1: Mindfulness BINGO Game
Lesson 2: Breathing Buddies	Lesson 2: Coping Skills Spring Cookies Activity	Lesson 2: "Mindful Me" Lesson	Lesson 2: Mindfulness Character Ed Curriculum	Lesson 2: Lemons into Lemonade: Resilience Lesson	Lesson 2: Resilience Character Ed Curriculum

MAY counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Mental Health Awareness Lesson	Lesson 1: "Personal Space Camp" Companion Lesson	Lesson 1: Listening Skills Lesson	Lesson 1: SEL in a Snap Lesson: Social Skills	Lesson 1: "The Big Cheese" Companion: Sportsmanship	Lesson 1: Middle School Transition Lesson
Lesson 2: Play Dough Feelings Mats Centers	Lesson 2: "The Worst Day of My Life Ever!" Companion Lesson	Lesson 2: Personal Hygiene Lesson	Lesson 2: Self-Care Lesson	Lesson 2: SEL Curriculum: Relationship Skills	Lesson 2: Middle School Worries Lesson

JUNE counseling



KINDER	1 ST GRADE	2 ND GRADE	3 RD GRADE	4 TH GRADE	5 TH GRADE
Lesson 1: Toolbox or Trash Choices: Positive Behavior	Lesson 1: Capability Crayons Self-Esteem Lesson	Lesson 1: Summer Safe Choices Lesson	Lesson 1: "The Bad Seed" Companion Lesson	Lesson 1: "Our Stripes Are Unique" Self-Esteem Lesson	Lesson 1: Self-Esteem Sunglasses Lesson
Lesson 2: Build a Summer Friend Lesson	Lesson 2: "Ants in My Pants" Companion Lesson	Lesson 2: Unique Unicorns Self-Esteem Activity	Lesson 2: Walk in My Summer Shoes Empathy Lesson	Lesson 2: My Summer Bucket List Activity	Lesson 2: SEL Curriculum: Self-Awareness