



SEMESTER 2: 2026

K - 8TH GRADE

MONTHLY CURRICULUM MAP



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counselors like you

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YEAR AT A GLANCE

AUGUST

- Meet the Counselor
- Positive Behavior
- Feelings Identification
- School Success Skills

SEPTEMBER

- Coping Skills
- Using & Showcasing Data
- Positive Thinking
- Problem-Solving Skills

OCTOBER

- Bullying Prevention
- Fall SEL
- Drug & Alcohol Prevention
- Halloween Safety

NOVEMBER

- College Awareness
- Career Exploration
- Gratitude
- Using I-Messages

DECEMBER

- Coping with Grief & Loss
- Generosity
- Friendship
- Cyber Safety & Digital Citizenship

JANUARY

- Conflict Resolution
- Personal Safety & Erin's Law
- Goal-Setting
- Diversity & Acceptance

FEBRUARY

- Kindness
- Coping with Anger
- Tattling vs. Telling
- Valentine's Day SEL

MARCH

- Coping with Anxiety
- Growth Mindset
- Test-Taking Skills
- Managing Test Anxiety

APRIL

- Mindfulness
- Coping with Divorce
- Resilience
- Courage

MAY

- Social Skills
- Middle School Transition
- Mental Health Awareness
- Sportsmanship

JUNE

- Self-Esteem
- Self-Control
- Attendance
- Summer Safety & SEL

JULY

- Empathy
- Back to School Planning
- Character Education
- Counselor Tools

COUNSELOR Collab

K - 5th Monthly Curriculum Map

	K	1 st Grade	2 nd Grade	3 rd Grade	4 th Grade	5 th Grade
JAN	Conflict Resolution: "Buddy Bear"	Personal Safety Sorting Game	Snowman-Themed 3-Step Apology	Conflict Resolution Character Ed Curriculum	New Years 2026 Goals and Resolutions	Meeting Diverse Kids Lesson
FEB	Color the Feelings: Valentine's Day Theme	"Have You Filled a Bucket Today?" Companion	Kindness Crowns Lesson	"A Bad Case of Tattle Tongue" Companion Lesson	"Kindness Quest" Lesson	Kindness Character Education Curriculum
MAR	"My Worry Monster" Lesson	"Wilma Jean the Worry Machine" Companion	SEL in a Snap Lesson: Stress Management	"Bubble Gum Brain" Companion: Growth Mindset	"The Anti-Test Anxiety Society" Companion	Test-Taking Tips & Test Anxiety Lesson
APR	Mindfulness for Little Learners Lesson	"My Resilient Monster" Lesson	Courage Character Education Lesson	"I Got This!" Companion Lesson: Resilience	SEL in a Snap Lesson: Mindfulness	Mindfulness BINGO Game
MAY	Mental Health Awareness Lesson	"Personal Space Camp" Companion Lesson	Listening Skills Lesson	SEL in a Snap Lesson: Social Skills	"The Big Cheese" Companion: Sportsmanship	Middle School Transition Lesson
JUN	Build a Summer Friend Lesson	Capability Crayons Self-Esteem Lesson	Summer Safe Choices Lesson	"The Bad Seed" Companion Lesson	"Our Stripes Are Unique" Self-Esteem Lesson	Self-Esteem Sunglasses Lesson

6th - 8th Monthly Curriculum Map

	6 th Grade	7 th Grade	8 th Grade
JAN	SEL Curriculum: Self-Management	Responsibility Character Ed Curriculum	HS Transition Mini-Lesson: Organization & Time Management
FEB	Respect Character Ed Curriculum	Emotional Regulation Activities	HS Transition Mini-Lesson: Coping with Anxiety
MAR	Acceptance Character Ed Curriculum	Diverse Kids Lesson	HS Transition Mini-Lesson: Relationship Skills
APR	College Town	Careers Interest Inventory & Workbook	HS Transition Mini-Lesson: Goal-Setting
MAY	SEL in a Snap: Growth Mindset	Growth Mindset Folded Craft	Drug Prevention Comics & Facts
JUN	Lemons into Lemonade: Resilience	Self-Esteem Sunglasses	HS Transition Lesson: Growth Mindset